## Askifou - Tavri Refuge – Kalos Lakos(hiking)



Please read carefully the procedures, Terms and Conditions before making your booking.

Our aim is to reach a pristine locality with tall cypress trees where there is the village 'Kalos Lakos' uninhabited the last 50 years.

*Agio Pneyma – Holy Spirit*: Our hike starts from the small church of the Holy Spirit built just up Askifou village in the 'Tavri' plateau. The view to the Askifou plateau and to the peaks (altitude 2200 m.) Kastro and Fanari is spectacular.

*Tavri Refuge*: We walk towards South pass the eastern shelter of the White mountains then east to the 'Niatos' plateau and using small paths to the 'Trikoukia' locality.

**Kalos Lakos:** Now we enjoy the view of the Cretan sea as we continue hiking south in the cypress trees. We cross the old path connecting the villages Askifou- Anopolis as we approach our destination. We will have a short rest there and then our jeeps will take us to the 'Imbros' ravine through an off road pristine route. **Imbros:** Lunch in the entrance of the ravine.

**Askifou – Vatoudiaris – Emprosneros:** Continue our off road *adventure* during which it will be easier for you to capture local culture and understand hard shepherds way of life. We will stop, admire nature and take pictures as the mountain's landscape beauty is memorable.

*Vrisses:* Let's have a last break in one of the most famous villages in "Apokoronas" area. The flavor of a nice cup of coffee in the afternoon is a good idea for us to rest.

 Distance : 170 km
 Duration: 8-9 hours
 Hiking Duration: 2,5hours
 Altitude: 1200 m

 Difficulty: 2/5
 Price : ages 12+ : 120 euro [The prices are for group participation min 4 persons]

 Schedule: All year (On Request)

 Pick up times: upon request

**Price includes:** Hotel "door to door" pick up and drop off, liability insurance and local taxes, tour in 4wd 7 seater Mitsubishi Pajero, English speaking guide – driver, English speaking trekking guide, lunch with traditional food and wine.

**Items to bring:** bottle of water, back bag, sunglasses, hat, sun cream, a jacket (depending on the weather conditions). Hiking shoes recommended.

Remember to inform us if you or another member of your group is vegetarian or if there is a food allergy. If you do, we may arrange a different menu for them.

This adventure is not recommended for people, with mobility problems, suffering from car sickness, don't like being in bumpy roads and for persons with fear of heights.

